



Lori Benjamin

Head Coach 11 Lori

Coaching Experience

- Placed 5th and 9th Nationally at AAU and USAV Nationals 11 Open (2023)
- A5 Gold Medal AAU National Championships 11 Open (2022)
- A5 Silver Medal USAV National Championships 11 Open (2022)
- A5 Coach 12-6 Local Region Champions (2021)
- Head Coach Fideles Christian School MS & JV (2021 to present)
- Assistant Varsity Coach Fideles Christian School (2020)
- State Champions 2020 Fideles Christian School
- Head Varsity Coach Stoneman Douglas HS (2003-2005)
- Named Coach of the Year for 4A-5A-6A schools by the Sun-Sentinel (2005)
- Named Coach of the Year for 4A-5A-6A schools by the Sun-Sentinel (2003)
- State Runner-Up in 6A (2005)
- Regional Champions 6A (2004)
- State Final Four 6A (2003)
- Head Coach for 15U at Club Florida (now Tribe) in SoFL
- Head Coach for 12U at Club Florida (now Tribe) in SoFL
- Coordinated with coaches at our club to teach/train/equip best practices and worked with Kansas State University to further develop our coaching staff

Playing Experience

- Played 4 years D1 volleyball at FAU in Boca Raton, FL (1997 to 2000)
- Named to All-Conference Team TAAC (2000)
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- Conference Champions (1999)
- Named MVP of Conference Tournament (1999)
- NCAA Tournament berth against Stanford (1999)
- Competed against Czech Junior National Team in Prague, Czech Republic (1998)
- Conference Champions (1998)
- NCAA Tournament berth against UOP (1998)
- Named to All-Conference Freshman Team (1997)
- Competed in club volleyball with West Broward and Oceanside Volleyball Clubs (1993-1997)
- Competed in Junior Olympics (1996 and 1997)

Education

- Florida Atlantic University Graduate with a Degree in Art History (2001)