



Shelby Smallwood

Assistant Coach

15-Jennie

Coaching Experience

Forsyth Central High School 2020-2022

- Region 7A Champion Runner-Up's (2022)
- 3rd in Region 7A (2021)
- Round of 16 Region 7A State Tournament (2022)

Intensity Volleyball Club 2021-2023

- Lil' Big South Bronze Champions 15 Power (2021)
- Big South 3rd in Gold 15 Power (2021)
- Bama Beast Champions 15 Power (2022)
- A5 Peach State Tour Silver Champions 14 Local (2023)

Playing Experience

Prolink Volleyball Club

- 2013-14, 2014-15, and 2015-16 (12's, 13's, and 14's)

Forsyth Central High School

- Junior Varsity MVP (2016-17)
- Varsity Outside/Libero (2017-18, 2018-19, 2019-20)
- Offensive Player of the Year (2018-19)
- Defensive Player of the Year (2019-20)

Atlanta Extreme Volleyball Club

- 15 National 1's Team (2016-17)
- SRVA Gold Bracket Runner-Up's 15 Power (2016-17)
- USAV Nationals Diamond Bracket Champions 15 Power (2016-17)
- 16 National 1's Team (2017-18)
- Big South Silver Bracket Champions 16 Power (2017-18)
- SRVA Gold Bracket Runner-Up's 16 Power (2017-18)
- USAV Nationals Ruby Bracket Champions 16 Power (2017-18)

Intensity Volleyball Club

- 17 National 1's Team (2018-19)
- Queen of the Mountain Gold Bracket Champions (2018-19)
- Lil' Big South Gold Bracket Runner-Up's 17 Power (2018-19)
- Big South 3rd Place Gold Bracket 17 Power (2018-19)
- Peachtree Classic Silver Medalists 17 Power (2018-19)
- SRVA Gold Bracket Runner-Up's 17 Power (2018-19)
- USAV Nationals Consolation (2nd Highest) Bracket Champions 17 Power (2018-19)
- 18 National 1's Team (2019- Injury)

Education

Forsyth Central STEM Academy Graduate for Engineering (2020)

UNG Mathematics and Mechanical Engineering Double Major (Fall 2024)

